



POWER OF ONE

Holly Hutchinson
Secretary



POWER OF ONE

The FCCLA National Program Power of One helps students find and use their personal power. Members set their own goals, work to achieve them, and enjoy the results. The skills members learn in Power of One help them now and in the future in school, with friends and family, in their future at college, and on the job.

UNITS OF POWER OF ONE

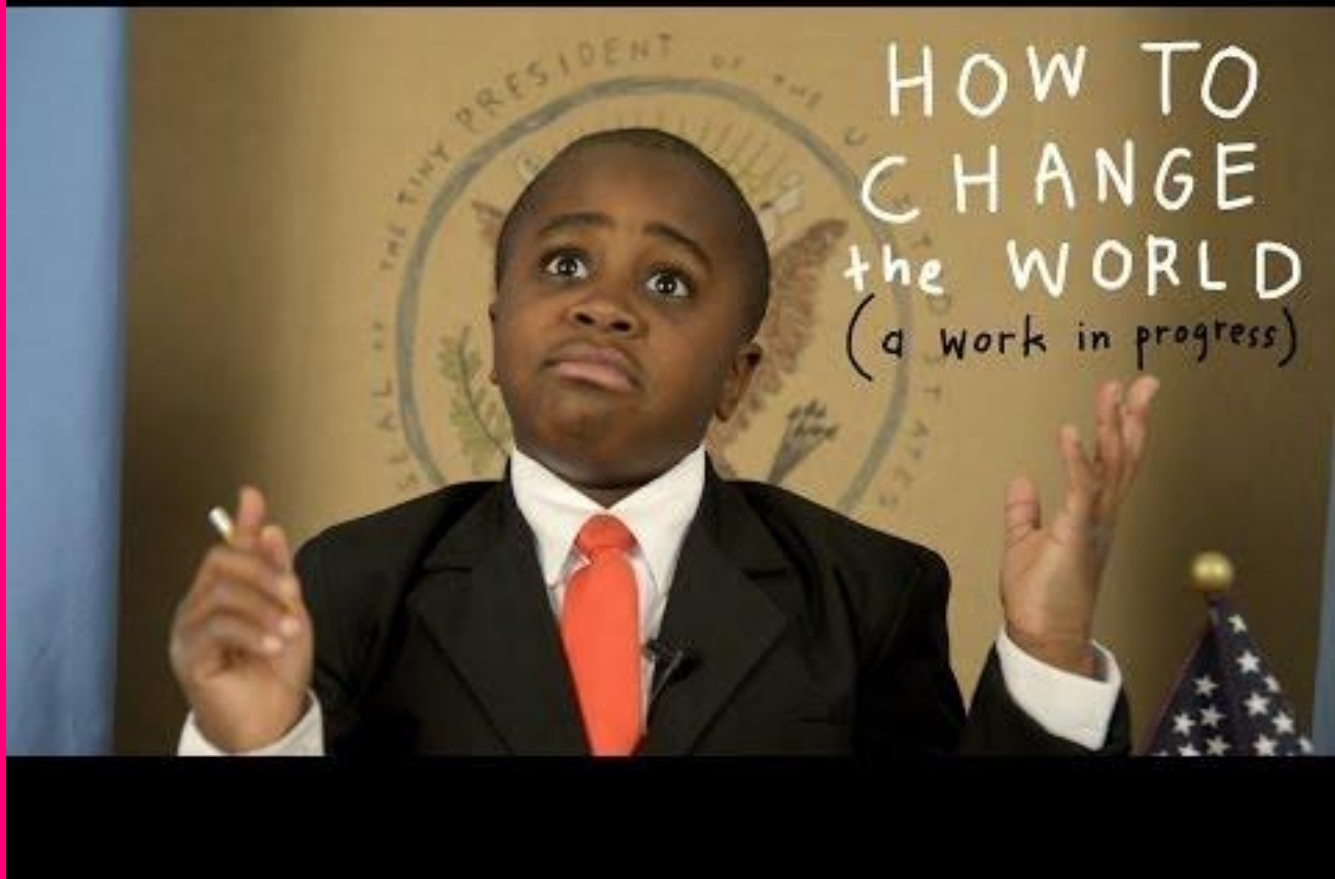
A Better You: Improving a Personal Trait

Family Ties: Get along better with family members

Working on Working: Explore and prepare for careers

Take the Lead: Develop leadership qualities

Speak out for FCCLA: Tell others about FCCLA



Stop at 2:12

EXAMPLES

Change starts with you, host a Kindness Week at school!

Use at least 2 of the 5 components

- A Better You- Make a list of kind acts for you and your chapter to do throughout the week (try to get students not currently in FCCLA to join too)
- Speak out for FCCLA- Make posters about how FCCLA is hosting a kindness week and hang them up around your school

EXAMPLES OF KIND ACTS

- Hold the door open for at least 5 people
- Say good morning to 10 people
- Write a thank you card to a teacher or role model
- Compliment 5 people
- Sit with someone new at lunch
- BE SINCERE

SUBMISSION

Submit project into google form. Link below

https://docs.google.com/forms/d/e/1FAIpQLSf0py4ChLzbNPbw_dHXQtLBua_LA2Cvh0ls0F7siQ00YG0agw/viewform?usp=sf_link

Winners are based off participation and creativity