



FAMILIES FIRST

Jenna Keller – President

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The FCCLA Families First is a national peer education program through which youth gain a better understanding of how families work and learn skills to become strong family members. Its goals are to help youth become strong family members and leaders for today and tomorrow and strengthen the family as the basic unit of society.



UNITS OF FAMILIES FIRST

The 5 units of Families First are:

- **Families Today** - Understand and celebrate families
- **You-Me-Us** - Strengthen family relationships
- **Meet the Challenge** - Overcome obstacles together
- **Balancing Family and Career** - Manage multiple responsibilities
- **Parent Practice** - Learn to nurture children.



HOST A FAMILY FUN NIGHT!

Host a family fun night with games, food, and fun for all ages. Incorporate at least two of the five units into your fun night through different activities.

Examples:

Unit 3 (Overcoming obstacles together): Obstacle Course



Unit 2 (Strengthen Family Relations): Scavenger hunt

TR FAMILY FUN NIGHT EXAMPLE

Different Stations:

1. Reading
2. Bingo
3. Shaving with Whipped Cream
4. Parachute
5. Food (Spaghetti Dinner)
6. Crafts



SUBMISSION PROCESS

Submit your project to the google form:

https://docs.google.com/forms/d/e/1FAIpQLSdj6q_MaOyjOKnVuDg3bEDe2XIl4rv49qXONGRqm3oFTjmKOw/viewform

Winners will be selected based on creativity! (Feel free to email me pictures!)