## Family First Bailey Price



"Home should be be an anchor, a port in a storm, a refuge, a happy place in which to dwell, a place where we are loved and where we can love" Marvin J Ashton

Family is an important part of who we are. We all might not come from the best backgrounds. However, we can learn how to build family values.

## **Families First**

**Goal:** Help youth become strong family members and leaders in the Family aspect.

As a chapter choose 3 or more of the 5 units. Host an event that follows any of the 5, Set goals for the units, make a plan, have a video or slide on how eating as a family is important. The winner will be determined by the most creative and whoever conveys the best family message.

## Families first has 5 units.

- Families today- Understand and celebrate families
- You-me-us\_Strengthen family relationships
- Meet the challenge-Overcome obstacles together
- Balancing career and family-Manage multiple responsibilities
- Parent practice -Learn to nurture children

## Families first

Examples for the 5 units Families today- host a family party for your club and all the parents.

You-Me-US- Have the family work in teams, one person blind folded and the others tell them what to do. This could be done with puzzles or other tasks.

Meet the challenge- Make a little escape room or obstacle for the families to work together through

Balancing family and career- have blocks labeled with family values and carrer values and have the challenge of keeping both stacks even with the of the people.

Parent practice- Have little slips of papers with scenarios and have parents and students switch rolls.

You can submit your applications on a google form which will be provided on the WY FCCLA page